

DAYTIME MENU

Available Monday to Friday 11.30am - 4.00pm

JACKETS AND SALADS

JACKET POTATOES

All jackets served with a salad garnish.

Choice of filling, choose from:

Butter (v)	£2.20
Baked Beans (v) (vg)	£2.50
Grated Cheddar Cheese (v)	£2.90
Chilli	£2.90
Vegetable Chilli (v) (vg)	£2.90
Tuna Lite Mayo	£2.90
Chicken Tikka (h)	£2.90
Sweet Chilli Chicken (h)	£2.90
Tuna Sweetcorn	£2.90
Cottage Cheese (v)	£2.90
Cottage Cheese and Tomato (v)	£2.90
Mediterranean Vegetable (v) (vg)	£2.90
Coleslaw (v)	£2.50
Prawn Coleslaw	£2.90

TOMATO & BASIL PASTA (v)

Pasta with roast Mediterranean vegetables in a spicy tomato and basil sauce, topped with Parmesan cheese served with a slice of garlic bread £3.50

HOUSE SALAD

Crisp iceberg lettuce, tomato, cucumber and onion served with ham, chicken and cheese and a pot of French dressing and coleslaw. £3.90

VEGETARIAN HOUSE SALAD

Crisp iceberg lettuce, tomato, cucumber and onion served with cheese and a pot of French dressing and coleslaw. £3.50

TUNA & SWEETCORN SALAD

Crisp iceberg lettuce, tomato, cucumber and onion with sweetcorn and flakes of tuna and a pot of French dressing and coleslaw £3.50

PRAWN AND COLESLAW SALAD

Crisp iceberg lettuce, tomato, cucumber and onion with prawn coleslaw served with a pot of French dressing £3.70

FAJITAS

Served with either spiral fries, chips, small jacket or side salad £3.99

CHICKEN FAJITAS (h)

Strips of chicken, onion and peppers pan fried in Cajun spices, wrapped in a flour tortilla.

VEGETABLE FAJITAS (v) (vg)

Strips of onion and peppers pan fried in Cajun spices, wrapped in a flour tortilla.

SWEET CHILLI CHICKEN FAJITAS (h)

Strips of chicken, in a sweet chilli sauce with fresh iceberg lettuce and tomato and wrapped in a flour tortilla.

PANINIS

Italian style bread, grilled and served hot with a choice of filling.

Served with either chips, spiral fries, small jacket or side salad £3.99

Choose from:

CHICKEN & CHEESE (h)

PEPPERONI & MOZZARELLA

TUNA MELT Tuna, red onion and grated Cheddar cheese.

ROAST MEDITERRANEAN VEGETABLES & MOZZARELLA (v)

Mediterranean vegetables roasted with herbs and garlic and Mozzarella cheese.

CHICKEN TIKKA (h)

CHEESE & HAM

ROAST BEEF, MATURE CHEDDAR & CARMELISED ONION

CHICKEN, BACON & CHEESE

CHEESE, ONION & TOMATO (v)

SWEET CHILLI CHICKEN (h)

CHEESE & BEANS (v)

CHEESE & SPICY BEAN (v)

BARBECUE CHICKEN & CHEESE (h)

SAUSAGE, ONION AND TOMATO

SAUSAGE, TOMATO & CHEESE

QUORN SAUSAGE, ONION & TOMATO (v) (vg)

QUORN SAUSAGE, TOMATO & CHEESE (v)

COMBO

MEAT (spirals, chicken goujons, bbq chicken wings, garlic bread, and a choice of 2 dips) £3.95

VEGGIE

(spirals, deep fried mushrooms, onion rings, garlic bread and choice of 2 dips) £3.90

ORIENTAL COMBO (v)

(spirals, vegetable spring roll, vegetable samosa, garlic bread and choice of 2 dips) £3.95

EXTRA DIPS -

Sour Cream • Guacamole • Sweet Chilli • Hot Chilli • Bbq • Garlic Mayo . . . 30p

BURGER MEALS

ALL BURGERS £3.95

All burgers are served with either chips, spiral fries, small jacket or side salad.

Choose from:

100% Beef Burger (h) • Chicken Burger (h) • Vegetable Quarter Pounder (v) (vg)

Extra topping of cheese 40p

Extra topping of bacon 40p

HOW TO ORDER YOUR FOOD

Place your order at the bar and your food will be brought to your table. Your table number and cutlery will be given to you at the bar.

Please remember to **CHECK YOUR RECEIPT** as mistakes will be difficult to rectify once your meal has been prepared.

QUERIES

If you wish to know the ingredients of any of the dishes, please ask a member of staff.

- Suitable for vegetarians. (v)
- Suitable for vegans. (vg)
- Halal options available. (h)
- Some of our foods may contain traces of nuts and seeds.
- Some of the food sold on these premises may contain genetically modified soya and/or maize.

Our staff will be happy to provide any further information on request.

bar & café YOURS



University of Salford Students' Union
Enhancing Students' Lives

BREAKFAST MENU

Available Monday to Friday 8.30am - 11.00am

FULL ENGLISH PLATED

2 bacon, 1 sausage, egg, mushrooms, tomato, beans,
slice of toast, tea or filter coffee **£3.95**

VEGGIE BREAKFAST PLATED (v)

2 quorn sausage, egg, mushrooms, tomato, beans,
slice of toast, tea or filter coffee **£3.95**

BREAKFAST SANDWICHES

Choose from: bread, toast, ciabatta, bagel or barm.

Sandwiches start at **£2.00** with one filling

Ciabattas and bagels are **£2.30** with one filling

Any additional fillings are **50p** extra per filling

Choose from the following:

Fried or scrambled egg, bacon, sausage, quorn sausage, cheddar cheese, mozzarella,
cream cheese, mushroom, tomato.

TOASTED TEACAKE with a serving of butter (v) **£1.00**

TOAST

(white or wholemeal available) with a serving of butter (v) **30p**

CHEESE ON TOAST 1 slice **£1.30**

BEANS ON TOAST 2 slices **£1.30**

CHEESE & MUSHROOM ON TOAST 1 slice **£1.50**

MUSHROOM ON TOAST 2 slices **£1.50**

CHOICE OF PRESERVES (v)

Marmalade, Jam (Strawberry, Raspberry, Blackcurrant), **20p** each

CREAM CHEESE BAGEL (v) **£1.40**

EVENING MENU

Available Monday to Friday 4.00pm - 7.00pm

BURGER MEALS (see Daytime Menu) (h) **£3.95**

JACKET POTATOES (see Daytime Menu) **from £2.20**

SIDE ORDERS & LIGHT BITES (except soup)

SALADS (where available)

TEATIME MEAL DEAL **£3.99**

**WE ALSO OFFER DAILY SPECIALS
AND TEATIME MEAL DEALS
SEE BLACKBOARD FOR DETAILS**

SIDE ORDERS AND LIGHT BITES

Available Monday to Friday 11.00am - 7.00pm

FRUIT **50p**

SOUP OF THE DAY

With bread roll **£1.80**

POTATO BITES (v)

A bowl of spiral fries or chips served with your choice of dip **£1.70**

Choose from: Barbecue Sauce, Garlic Mayonnaise, Sweet Chilli Sauce

POTATO TOPS

A bowl of spiral fries or chips served with a choice of topping **£2.90**

Choose from: , Chilli, Vegetable Chilli (v) (vg)

GARLIC BREAD (v) 2 slices **70p**

GARLIC BREAD WITH MELTED CHEDDAR CHEESE (v) 2 slices **90p**

TUB OF COLESLAW (v) **50p**

TUB OF TUNA MAYO **95p**

TUB OF GRATED CHEESE (v) **90p**

GARLIC MAYO DIP (v) **30p**

ONION RINGS (6) (v) **70p**

GARLIC MUSHROOMS (6) (v) **£1.00**

BEANS (v) (vg) **50p**

HOT BEVERAGES

COFFEE

'Fairtrade Coffee from Starbucks' is the coffee for those who appreciate the exceptional things in life. Stylishly blended and skilfully roasted from the world's best coffee beans, it is the ultimate coffee experience. The beans are hand roasted, air cooled and reated before being carefully packaged for the freshest quality and taste.

ESPRESSO

Traditional short, strong coffee, served black **£1.20 / £1.80**

CAPPUCCINO

Coffee served with hot milk & chocolate sprinkles **£1.80 / £2.05 / £2.15**

MOCHA

Espresso with mocha sauce and steamed milk.

Topped with whipped cream **£1.80 / £2.05 / £2.15**

FRESH FILTER COFFEE **£1.55 / £1.85 / £2.05**

AMERICANO

Black coffee **£1.55 / £1.85 / £2.05**

LATTÉ

Steamed milk and coffee layers **£1.80 / £2.05 / £2.15**

LUXURY FAIRTRADE HOT CHOCOLATE **£1.95 / £2.25 / £2.55**

SELECTION OF ICED DRINKS AND SYRUPS **SEE BOARD FOR DETAILS**

OTHER BEVERAGES

TEA from **£1.05 - SEE BOARD FOR DETAILS**

**AN ASSORTMENT OF CAKES,
PASTRIES AND GATEAUX
ARE AVAILABLE
OVER THE COUNTER
PLEASE ASK FOR DETAILS**



FAIRTRADE CERTIFIED

The University of Salford Students' Union (USSU) is proud to offer a range of Fairtrade coffee (all coffee), tea and hot chocolate. Fairtrade certification guarantees that farmers will receive a living wage from the sale of their produce, helping them to provide the necessities of life for their families.